

Shirghan Tungu A GROUP OF GIGANTIC MOUNTAIN VALLEYS

DATE : 29 May to 09 June

AGE GROUP : Above 18 Years

**Location: Manali
(Himachal Pradesh)**

PRICE:

Ex. Pune: Rs.22900

Ex. Mumbai: Rs.21900

Ex. Delhi: Rs.18900



About Shirghan Tungu (4250 Mtr. from Sea Level)

Want to enjoy the pristine Himalayan wilderness and have a memorable trekking experience, which takes you in a different tangent altogether, Welcome to SHIRGAN-TUNGU (PRE-MONSOON) BASE TREK (A GROUP OF GIGANTIC FOLDED MOUNTAIN VALLEYS). We promise you the best of experience...the likes of which you will never have encountered before. This exotic and immensely rewarding trek encompasses the mountainous vistas of the divinely beautiful Kullu & Manali valley and beyond Pirpanjal valleys and traverses the high altitude passes of 'Chhoye Pande' means at the top solid heap of rocks of lateral moraine. Couple of Saur (Lake) and over (4450 m) passes to Malana Village accompanies this mountaineering base of Shirgan-Tungu.

Trek Highlights:

Camping	Trekking	Basic Rock Climbing	Tent Pitching	River Crossing
Rappelling	Group Games	Cooking in the Outdoors	High Altitude Trek	Group Discussions

- **Last Date of Enrollment:** Limited Seats... Book your Seat in Advance i.e. before 122 days to avail Early Bird Discount.
- **Departure Date & Time:** Day 1 by Sharp 07.00 am from Explorers Office, Pune.
- **Arrival Date & Time:** Day 12 around 02.00 pm at Explorers office, Pune.
- **Reporting Time and Place:** Day 1 by Sharp 06.30 am at Explorers Office.
- **Type of Accommodation:** Accommodation in tents at Manali (Shuru) & at higher campsite on multiple sharing basis.
- **Route:** Pune to Mumbai by AC Bus. Mumbai to Delhi by 3 AC Train & Delhi to Manali by Semi Sleeper Volvo.
- **Batch Limit:** 40 Participants.

Itinerary

DAY	DETAILS
Day 1	<p>Pune - Mumbai - Delhi (3 AC Train Journey)</p> <p>All Participants have to report at Explorers Office by Sharp 6.30 am. Depart for Bandra Terminus at 7 am. Breakfast on the way. Reach Bandra around 11 am (Mumbai Participants can Join at Bandra Station at their Own arrangements.) Board 12216 DEE Garibrath Express (3 AC) 12.45 pm & proceed towards Delhi.</p> <p>Overnight Train Journey.</p>
Day 2	<p>Delhi to Manali (Volvo Journey - 575 Kms, 15 Hours)</p> <p>Reach Delhi Rohila Station at 12.15 pm. After Lunch depart for Manali by Semi Sleeper Volvo around 5 pm. (By AIR or Delhi Participants can Join us at Volvo Pick up Point at their Own arrangements.)</p> <p>Overnight Bus Journey.</p>
Day 3	<p>Manali - Shuru (Base Camp) 5 kms, 15 Minutes</p> <p>Arrive at Manali Bus Stand around 9 am. Onward Journey for just 5 kms by Local Sumo. On arrival at base camp tents will be allotted. After Introduction session will move to Jamdagni Rishi Temple with backpack for acclimatisation Trek.</p> <p>Overnight at Shuru Campsite.</p>
Day 4	<p>Acclimatization Trek - above 7000 ft - 5 hours)</p> <p>Acclimatization Trek to get your body used to the altitude & Climate. Today's trek is very relaxing just to check up ones physical conditions and also better for acclimatization. After completion of muscularity exercises and return back to Lunch at base camp. Stay overnight at Base Camp at Shuru.</p> <p>Overnight at Shuru Campsite.</p>
Day 5	<p>Shuru - Negi Dugh (7800 feet - 4 hours)</p> <p>After Breakfast & warm up, Trek starts from Shuru, down to Jagatsukh village to Dhuhagan Bridge, and over the Dhuhagan River to the other side of the valley. Trek starts with a gradual climb up & gradient increases gently and at some portions one has to climb in a zigzag way. The Negi Dugh is located high at a vantage point and is surrounded by Cedar trees. In the evening explore camp and move to evening activities.</p> <p>Overnight at the Negi Dugh.</p>

<p>Day 6</p>	<p>Negi Dugh - Kurrdi - (9990 ft - 4 hrs.)</p> <p>Today's trek proceeds in a zigzag way through dense forest of pines and Silver fir. Once the zigzag trail ends, it is a steep ascent amidst silver fir trees. Some portions of the climb are to be tackled in a horizontal way till the steep ridge of Kurrdi. The tough climb starts again along the steep ridge for an hour after which it is a moderate walk along the slanted slope right up to the campsite Kurrdi. Kurrdi is a luminous point and one can have a vast view of Kullu, Chanderkhani Pass and Manali valley. In the evening explore camp and move to evening activities.</p> <p>Overnight at Kurrdi.</p>
<p>Day 7</p>	<p>Kurradi - Dharanoo Dugh (11286 feet - 4 hours)</p> <p>The trek starts with a steep section at the start, through forest of silver fir, Bhujpattar, oak and chestnut. At the end of the steep section trekkers have to negotiate moderate climbs through forestry side ridge up to Moar Thach and Samalach Thach. From Samalach Thach the route ascends on a moderate grassy slope and then onto a moderate horizontal traverses above the tree line to the campsite. Dharanoo Dugh is located in a grassy meadow on the hill of the Shirgan -Tungu on one side of the Pirpanjal range. From the camp, there is an enchanting view of the Dhauladhar range, Chhota Bhangal, kalyani Pass and its lofty mountain peaks. from campsite you can also have a full view of Manali valley, and the distant snowcapped mountains of Beas Kund, Rohtang Pass massif and Khanaul & Chhika. In the evening enjoy some fun adventure activities.</p> <p>Overnight at Dharanoo Dugh.</p>
<p>Day 8</p>	<p>Dharanu Dugh - Base of Shirgan -Tungu (12375 ft) & back to Banaad / Jammu Dugh Campsite (2500 mtr 6 hours)</p> <p>The trail proceeds on the long snowy slanted ridge and slowly begins to ascend towards Shirgan-Tungu Base. The first magnificent view of the Shirgan Tungu Peak comes in glance after gaining a 15 minutes' walk on the snowy ridge and as you ascends and gets nearer to you. The climb along the ridge though enjoyable is windy with a chill wind blowing.</p> <p>While descending down to campsite have breathtaking views of the surrounding mountain peaks of the Pirpanjal Range, Chanderkhani pass & Malana, Dhauladhar range, Chhota Bhangal, and further beyond the greater Himalayan ranges. Trail descends same way down in a zigzag way through Moar Thach (3235m), to Kurrdi and at little down Kurrdi is a diversion to Jammu Dugh and Banad. If time permits will take some adventure activities.</p> <p>Overnight at Jammu Dugh.</p>
<p>Day 9</p>	<p>Banaad / Jammu Dugh - Base Camp via Sajla village (4 hours)</p> <p>The trek encompasses a 1 hour steep descent initially and then in a zigzag way till the river basin through dense forest of blue pine, Cedar, oak, silver fir. Rest for a while, and then walk on manmade path to Sajla village. The Sajla village is having a vast meadow at the forefront of Vishnu Narayan temple. Visit the Vishnu Narayan Temple and look around. Transfer to shuru Campsite by Vehicle.</p> <p>Overnight at Base Camp</p>



Day 10	Manali - Delhi (Volvo Journey 15 Hours) Morning at Leisure. After breakfast freshen-up. Keep your bags ready. Post Lunch will move to Magical Mall road for shopping. Evening depart towards Delhi by Volvo. Overnight Volvo journey.
Day 11	Delhi to Mumbai (3 AC Train Journey) Arrival at Delhi around 7.30 am. Board Train 12215 Garibrath Express 3 AC for Bandra Terminus by 9.20 am. Overnight Train Journey.
Day 12	Mumbai to Pune Arrival at Bandra Terminus at 8.10 am . Proceed to Pune by Private AC Coach. Reach Pune around 2 pm. Relax at home with everlasting Memories.

WHY EXPLORERS

- ✓ Daily Camp updates on “WhatsApp” by Team Explorers. 
- ✓ Manali Adventure Camp Specially designed for Students.
- ✓ Pune to Pune Caring Team of Explorers.
- ✓ Pune to Pune AC Transport.
- ✓ Variety of Camp activities with 100% Safety.
- ✓ 18 Years of Experience in the Industry with Dynamic, Experienced & Certified Team of Explorers.
- ✓ Beautiful campsite surrounded by silver fir forest & Snow capped Mountains in Manali.
- ✓ Personal Attention: Group of 8 Participants = 1 Leader.
- ✓ Lady Instructor for Girls.
- ✓ Separate & safe accommodation for Boys & Girls.
- ✓ Achievement Certificate & Medal to each Participant.
- ✓ Pure Vegetarian, Hygienic Food & Mineral Water throughout the Camping Period.
- ✓ Authorised Agent of Maharashtra & Goa Tourism Development Corporation. (MTDC & GTDC)
- ✓ Affiliate Member of IMF (Indian Mountaineering Foundation) & ATOAI (Adventure Tour Operators association of India)
- ✓ Associated with ETAA (Enterprising Travel Agents Association), TAAP (Travel Agents Association of Pune)
- ✓ Well Equipped First Aid Kit.
- ✓ And we listen...

CHARGES PER HEAD

Booking Amount: Rs.5000/- per Head.

PUNE PRICE			MUMBAI PRICE			NEW DELHI PRICE			AIR
Early Bird	Group Discount	Regular	Early Bird	Group Discount	Regular	Early Bird	Group Discount	Regular	Pune - Delhi - Pune
21900/-	22400/-	22900/-	20900/-	21400/-	21900/-	17900/-	18400/-	18900/-	Call for Best Rate

- **Group Discount:** 6 Pax. **OR** more - Rs.500 per Head.
- **Early Bird Discount:** 122 Days before the date of Departure - Rs.1000 per Head.
- **Full Payment Discount** Rs.200 per Head (If Full Payment done at the time of Booking.)
- **You can either enjoy Group Discount + Full Payment Discount **OR** Early Bird Discount + Full Payment Discount.**

Includes:

- ✓ **Private AC Vehicle:** Pune - Bandra Terminus - Pune.
- ✓ **3 AC Train Journey:** Bandra Terminus - Delhi - Bandra Terminus.
- ✓ **Semi Sleeper AC Volvo:** Delhi - Manali - Delhi.
- ✓ All food charges (Breakfast, Lunch, Evening Snacks & Dinner) Ex. Manali.
- ✓ Accommodation in tents at Manali (Shuru) and at higher campsite on multiple sharing. (Separate tents for boys and girls.)
- ✓ Charges for the activities mentioned above.
- ✓ Tents, sleeping bags, Rucksack, Wind Proof Jackets and Carry mats.
- ✓ Ponchos (Water Proof).
- ✓ First Aid, Oxygen Cylinder, if required.
- ✓ GST.

Excludes:

- ✓ Mineral Water / Cold Drinks, etc.
- ✓ Camera & Coolie charges.
- ✓ Food charges during Train & Bus Journey.
- ✓ Personal expenditure of any kind.
- ✓ Medical expenses other than First aid.
- ✓ Any other charges not specifically mentioned in "Fees Include".

CANCELLATION POLICY

Any cancellation by participant(s) must be communicated to Explorers Office in writing. The refund, if any, will be given after 7 days but before 15 days when the concerned event is over, irrespective of the date when the cancellation has been communicated to us.

The Following deductions will be made in case of cancellation.

- 30 Days before the Date of Departure - 25% of Regular Charges.
- Within 30 Days but before 10 Days of the Date of Departure - 50% of Regular Charges.
- Within 10 Days but before the Date of Departure - NO REFUND

HOW TO BOOK

For Cash Deposit

Bank Name : Bank of Baroda
 Branch : Sadashiv Peth
 IFSC / RTGS : BARB0SADASH
 A/C Name : Explorers
 A/C Type : Current Account
 A/c Number : 04500200000702

For Online Transfer

Bank Name : ICICI Bank
 Branch : Tilak Road
 IFSC / RTGS : ICIC0001875
 A/C Name : Explorers
 A/C Type : Current Account
 A/c Number : 187505000050

You can Book the event directly through our Website by Debit / Credit Card.

Please follow the given procedure to Book the Tour Package through E-transfer / Cash Deposit.

1. Call Explorers and confirm the availability of seat.
2. Transfer the money to “Explorers” Account.
3. Send us an email at explorerspune@gmail.com mentioning Name, Mobile number, Email Id & age of all the Participants, Screen shot of Amount Transferred or Acknowledgement copy of pay-in-slip, transaction ID / Ref. ID, Date & Name of the event.

When you register online, It is assumed that you have gone through all the rules and have accepted it.

Direct payment by E-Transfer does not automatically ensure entry to the event. Before transferring the amount, you are required to confirm with the Explorers office if the seats are available. If amount is transferred without consulting the Explorers office the registration will not be considered confirm if the seats are full and the amount will be refunded by cheque at office after 7 days from the date of Event.

WHAT TO BRING

Morning Utilities	Clothing's	Optional	Other Requirements
Hair Oil, Cold Cream, Lip guard, Comb, Sun cream Lotion, Perfume / Deodorant.	Flexible Dress for Trekking & Adventure Activities, Extra Dresses for Journey, Full Sleeves T-Shirt (Preferably Dry fit / Lycra) & T-Shirt given by Explorers. Thermal wear.	Extra Carry bags, Camera & Camera Batteries.	Water Bottle - Min. 2 Ltr., Torch with extra Cells Id Proof Original (compulsory) , Nail cutter, Safety Pin. Chain & lock for luggage security in Rail Journey.
Tooth Brush, Tooth Paste, Tissue (Toilet) Paper, Paper Soap, Towel, Napkin.	Sports shoes, Extra Socks Pairs, Floaters for Journey.	Mobile & Mobile Charger, Power Bank.	Knee cap, Band - aid, Personal Medicines, if any.
Sun Goggles, Scarf.	Shawl, Balaklava (Kantopi), Woolen Gloves, Thermal Wear.	One time Tiffin for Train journey.	Enough & Change Money for Shopping, (Tentative Rs.5000) Breakfast, Meals during journey Period.

* This is just a reminder list of what to Bring for Shirghan-Tungu Trek. You can bring other things as per the Need.

We will provide the following items to the Participants. (For CAMP Period only on returnable basis.)

Rucksack (Base camp to Base Camp)	Sleeping Bag	Carry Mats	Wind Cheater
Poncho (Waterproof)	Technical Equipments	First-Aid Facility	

Following things will be given Complementary by Explorers.

Sun Cap	Woolen Cap	T-Shirt	Badge	Bag Tag	Utility Pouch
---------	------------	---------	-------	---------	---------------

HAPPY CAMPING

- ☺ Familiarize yourself to new shoes before bringing them to the camp.
- ☺ Please avoid perfumes, Deodorants, scented oils on trails as these disturb the wild animals.
- ☺ For Himalayan treks be sure to bring along your pullovers, jerkins / wind cheaters, monkey caps, gloves etc.
- ☺ As protection against sudden downpour, do pack your clothes in separate plastic bags before putting them in the haversack.
- ☺ Try to avoid Headphones or gossip with friends. You may miss many wonderful animals, birds, scenery in the bargain.
- ☺ Keep our environment clean. Please carry all non-biodegradable (plastic) waste back with you.
- ☺ Do not keep valuable while trekking / Camping.
- ☺ Use plastic carry bags to save your mobile & Wallet.
- ☺ Avoid Jean pant for inconvenience in Walking / Climbing.
- ☺ Always keep your Original Photo ID with you.
- ☺ Don't expect similar food quality of your home town. Try Local food to have some different Experience.
- ☺ Respect the Local Religion & Traditions.
- ☺ While taking Photographs don't click photos of Local people without their permission.
- ☺ Keep Healthy environment & helpful nature while Trekking & at the time of Activity.
- ☺ Share your Happy memories with Explorers on [Facebook](#).

"Leave nothing but footprints, kill nothing but time, and shoot nothing but photographs and bring back nothing but memories"

DOWNLOADS - Click the link for more details.

[Registration Form](#)

RULES & REGULATIONS

- [How to Book](#)
- [Booking Procedure](#)
- [Discount Policy](#)
- [Cancellation Policy](#)
- [Tour Rules & Regulations](#)
- [Rules During the Event](#)

TEAM EXPLORERS

Name & Number of Leader will be sending to you by SMS & E-mail before 15 days of Departure Date.

GALLERY - Click the link for more Details.

- [Click here to visit our Gallery page](#)

CHECK THE BELOW LINKS FOR MORE DETAILS

Jungle Safaris	Himalayan Treks	Student Summer Camps	Weekend Treks
Kanha Jungle	Manali Adventure Camp (Above 14 Years) Pha-Konda Expedition Everest Base Camp Kuwari Pass Rookund Mystery Lake Valley of Flowers - Hemkund	Matheran Adventure Camp (8 to 10 Years) Koyna Backwater Camp (10 to 14 Years) Rajmachi Jungle Camp (10 to 14 Years) Tarkarli Beach Adventure Camp Above 14 Yrs - Student Special	Every Weekend is full of One day Treks

CUSTOMISED PACKAGES across India - Call Now for the Unbeatable Rates & Best Service

Himachal	Kashmir	Leh - Ladakh	Sikkim - Darjeeling
North East	Nepal	Uttarakhand	Andaman
Rajasthan	Kerala	Madhya Pradesh	Gujrat
Hydrabad	Andhra Pradesh	Karnatak	Maharashtra
Goa	Lakshadweep	Odisha	Uttar Pradesh

CONTACT DETAILS

Explorers Treks & Tours®

1692, Bhagyadarshan Building, Sadashiv Peth, Tilak Road, Near Grahak peth, Pune - 411030

Contact : 9850502723 | 9850506622 | 020 - 24463322

Email : explorerspune@gmail.com | Website : www.explorersgroup.in

Like us on [Facebook](#) | Join us on [Facebook](#)

